

Create your own Dream-Team!



‘I help you to
awaken and unlock
your true hidden talents,
so you can finally hold
the key to open you inner
treasure-box and access
your lifelong mission.’



Ofkje Teekens | Advice | Counseling | Coaching

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Nowadays many people feel stuck. In their professional career, their personal relations, and their lives. To make things worse, many of these people do not have someone to talk to. They feel lonely and they don't know how to go on.

Well, let me tell you: there is **HOPE**.

There is hope, as you never have to feel alone.

For inside of you, you have your own

INNER DREAM-TEAM.

This dream team is made up of your most important archetypes and talents.

But before we go into the workings of your inner dream team, first a few words on archetypes.



Archetypes

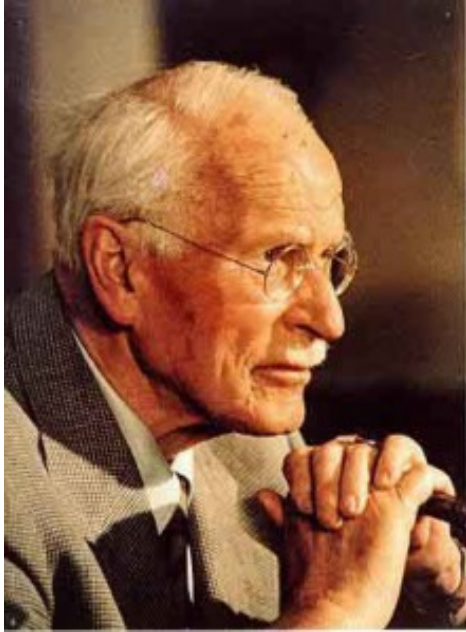
Archetypes are the mirror of the soul. By connecting and exploring your archetypes, you discover your (hidden) talents, your mission in life and most of all: your true self.

For you have, just like everyone else, a unique set of archetypes surrounding you. You may call them **your own inner dream team**, as they are your (hidden) companions on the way.

Archetypes are a format as well as a potential, rooted in the

collective unconscious and connected with your soul.

They will support you and they can guide you.



More than a hundred years ago, the concept of archetypes was further developed by the Swiss psychiatrist Carl Gustav Jung. The Greek 'Arche' means 'beginning' or 'origin'; 'Type' means 'form', 'image' or 'model'.

Archetypes are images you probably are familiar with -- like the Father, the Mother, the Musician, the Gypsy, the Hermit. These images are centuries old and rooted in our collective

unconscious. And they are stronger than you think.

Even when you are a bad father, somehow you know what a good father should be.

We all know, don't we?

These archetypes are part of your psychological blueprint.

Exploring them means connecting with your subconscious, your soul. With who you really are, deep down inside.

But first you must get to know and discover them, before you can really connect.

Some of them you already know; because you *know* they are there, intuitively.

Like the Father or the Mother, the Musician or the Dancer. And the other's? Maybe you have a hunch. On the other hand: they may just as well surprise you! Are you an inventor? An Animal Lover? Or a Herb Woman?



And mind you: it is not just a talent, a profession or something you are good at. It is so much more than that. It is passion, interest and attitude and together, working in perfect harmony, your archetypes present you the blueprint of your true self and your mission in life. So, reason enough to meet your archetypes!

An inner dream-time is made up of archetypes,
But for now you may also call them talents.
There are many archetypes or talents,
But you only use a handful on a daily basis.

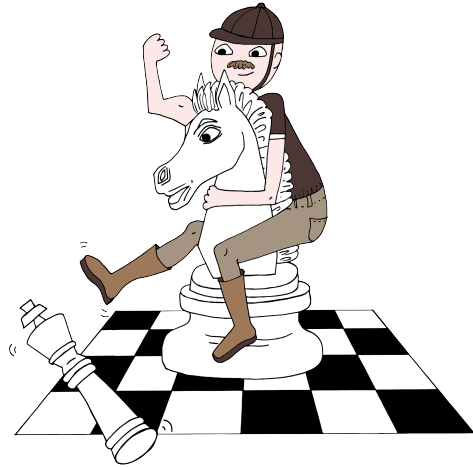
The combination of talents and the way you work with them:
That's what makes you unique,
that's what makes you special
Because that's all about YOU, your real YOU.
Your talents, your passion, all that makes your heart sing.

And your most important archetypes or talents
are part of your own inner dream-team.

For instance:

When I think of Steve Jobs,
I see an Inventor and a Field Marshall
But also an Actor and a Merchant.

When I think of Oprah Winfrey,
I see a Messenger and a Missionary
A Spinner and an Explorer



As you can see,
Everybody has his or her own inner dream-team
And so have you!

To meet your inner dream-team you have to find
Yourself a quiet place, at home or somewhere outside
To turn your attention to your inner world
And to reflect on who you really are, deep down inside

Imagine you are a King or a Queen
And your own inner world
Is your Kingdom
As a King or Queen, you have to reign your Kingdom,
As you are the director of your life
Imagine you are sitting on your throne
In the Great Hall of your palace

There is a knock on the door and your lackey
announces your first archetype or talent

Take a good look: what does he or she look like?

Is it a man or a woman? Old or young?

Does he or she wear fancy clothes? A hat maybe?

Is it a Musician? An Artist? Or a Cook?

Or someone else?

You decide, it's your Talent.

Ask your Archetype or Talent

what it can do for you

Does your Talent have a question for you?

And do you have a question too?

Ask with which other Talent it would like to
cooperate.

Because together, in cooperation, your

dream-team is most powerful

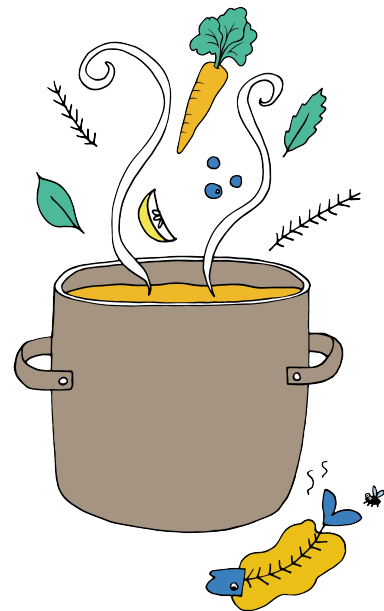
Arrange for a new meeting, maybe next week.

In this way, you can meet all the members

of your dream-team

They are there for you

And you don't have to do everything on your own



And don't forget: there can also be hidden talents
Archetypes or talents that are part of you,
but that you never really explored
becoming an adult, pursuing your career
or just forgetting about it on the way.

Remember those Talents you had
in your childhood
Talents you still can explore

Because they are all part of your
inner treasure-box



Open your treasure-box and meet your
inner dream-team!
It's all there for you
You only have to open up

I wish you lots of success
Meeting and working with
Your own inner dream-team!

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